

Advances in lens implant technology

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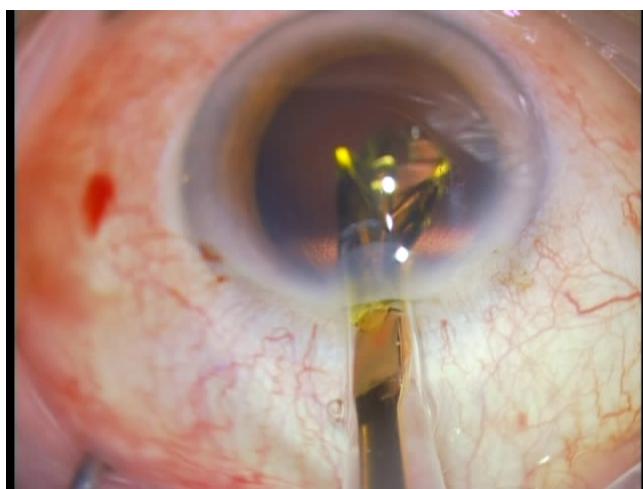
Abstract

Cataract surgery is one of the oldest and the most frequent outpatient clinic operations in medicine performed worldwide. The clouded human crystalline lens is replaced by an artificial intraocular lens implanted into the capsular bag. During the last six decades, cataract surgery has undergone rapid development from a traumatic, manual surgical procedure with implantation of a simple lens to a minimally invasive intervention increasingly assisted by high technology and a broad variety of implants customized for each patient's individual requirements. This review discusses the major advances in this field and focuses on the main challenge remaining – the treatment of presbyopia. The demand for correction of presbyopia is increasing, reflecting the global growth of the ageing population. Pearls and pitfalls of currently applied methods to correct presbyopia and different approaches under investigation, both in lens implant technology and in surgical technology, are discussed.

Introduction

Age-related cataract is the leading cause of severe visual impairment today. The term "cataract" means "waterfall" and derives from the Latin word "cataracta" and the Greek word "καταρράκτης". Cataract surgery is one of the oldest surgical procedures, and with approximately 15 million performed annually, it is one of the most frequent outpatient clinic surgeries in medicine performed worldwide [1]. Risk factors for developing cataract include older age, history of diabetes mellitus, steroid intake, smoking, female gender, myopia, higher hemoglobin A1c and higher systolic blood pressure [2-5]. Signs of the increasing opacity of the crystalline lens, which usually become clinically significant within the 6th or 7th decade of life, include blurry vision, fading colour perception, glare, poor night vision, double vision and prescription changes of eyeglasses. As no study to date has shown any clear advantage from nutritional or pharmacological treatment [6], surgical removal of the crystalline lens remains the only effective option for

restoring visual function. The first cataract surgeries date back to around 800 BC performed in Greece and India. Until the 18th century, cataracts were couched with the surgeon simply inserting a needle in the eye and pushing the lens into the anatomical space behind the crystalline lens, the vitreous cavity [7]. Thus, the visual axis was cleared of the opacity, but the eye was left with a large refractive deficit, allowing the patient to see only blurry shapes. In addition, complications and infection rates were high. In 1747, the French surgeon Jacques Daviel published the first account of a cataract extraction through an incision rather than simply displacing the lens. During the following two centuries, cataract surgery further improved with introduction of local anaesthesia, aseptic technique and specialized instrumentation. However, until the middle of the 20th century, patients were still required to wear unattractive high-powered spectacles postoperatively because the eyes were left without an intraocular lens. In 1949, the British surgeon Sir Harold Ridley started the development of intraocular lens with

Figure 1. Intraoperative snapshot with an intraocular lens

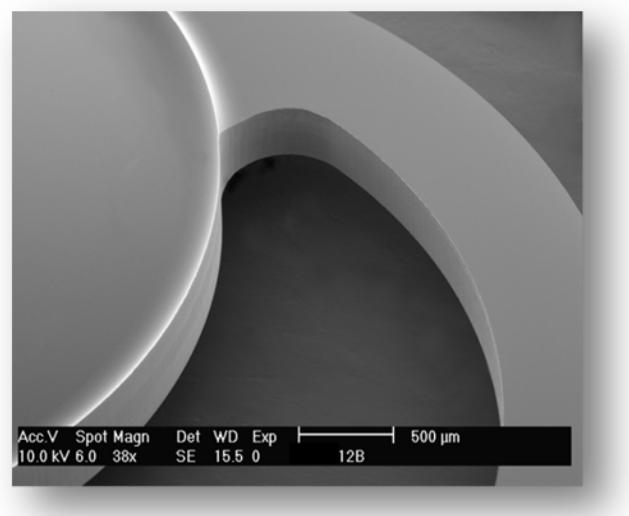
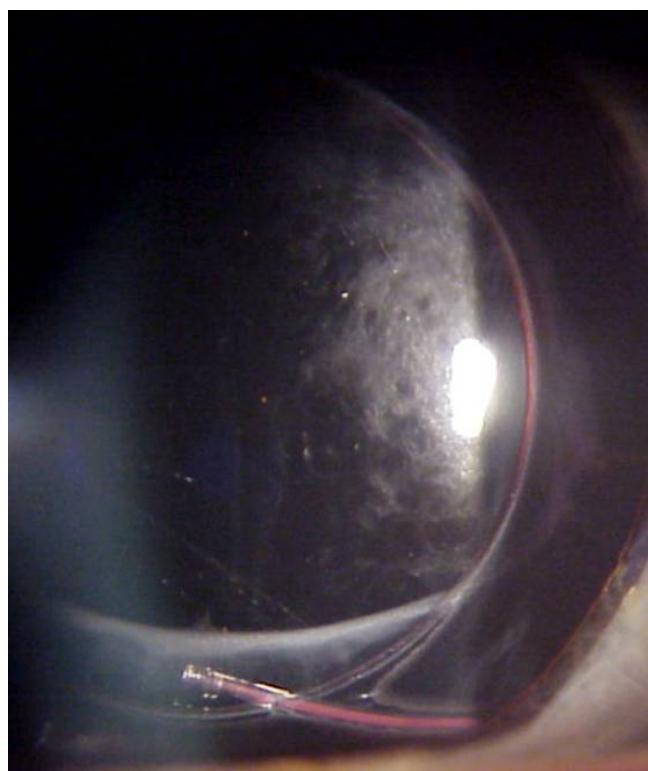
Intraoperative snapshot of injecting a foldable, one-piece, monofocal intraocular lens (AcrySof IQ, Alcon) into the capsular bag.

the first implantation of a polymethylmethacrylate (PMMA) lens into a human eye after cataract extraction [8]. With the invention of lens extraction by ultrasound emulsification (phacoemulsification) in 1967 by Charles Kelman [9], and the development of foldable intraocular lenses, cataract surgery could now be conducted through incisions of 3 mm or less, which greatly reduced perioperative morbidity. Today's foldable intraocular lenses are made of hydrophobic or hydrophilic acrylate or, less commonly, silicone, and consist of an optic of usually 6 mm and two intraocular lens-haptics that contribute to a total diameter of 11-13 mm when unfolded (Fig. 1). Intraocular lenses are generally injected into the capsular bag, the anatomic envelope of the crystalline lens, via an injector system, through a small incision in the peripheral cornea.

Recent advances that have resolved problems

Posterior capsule opacification

One major problem of older intraocular lenses was an early and severe postoperative opacification of the capsular bag (Fig. 2a). Both modern surgical techniques and also materials and designs of modern intraocular lenses, especially a 360 degree "sharp edge" of the posterior optic, significantly lowered the rate of posterior capsule opacification today by inhibiting postoperative migration of remaining lens epithelial cells on the posterior capsule (Fig. 2b) [10-13]. If posterior capsule opacification does occur, it is easily treated with yttrium aluminum garnet (YAG) laser capsulotomy.

Figure 2. Biomicroscopic and scanning electron micrograph images of an intraocular lens

a) Biomicroscopic image of posterior opacification of the capsular bag 12 months after implantation of an intraocular lens.

b) Scanning electron micrograph image of the sharp edge of the posterior optic of an intraocular lens for the prevention of posterior capsule opacification.

Surgically induced astigmatism

With the steadily increasing miniaturization of surgical instruments in the last few decades, incision sizes decreased accordingly, so that, today, cataract surgery can be performed using incisions of less than 1.5 mm. The smaller the corneal incision, the less the effect on the corneal geometry after surgery. Modern, foldable intraocular lenses can be injected via injector systems through incisions of between 1.6-1.8 mm.

Corneal astigmatism

About one third of all patients undergoing cataract surgery have a corneal astigmatism of more than 1.0 diopters (dpt) [14]. The invention of toric intraocular lenses that have different refractive power in two orthogonal meridians allowed the correction of even higher regular corneal astigmatisms. As the first toric intraocular lenses suffered from unacceptable postoperative rotation within the capsular bag and according loss of astigmatic correction [15], modern toric intraocular lenses show a very good rotational stability of less than 5 degrees, due to improvements in design and sizing of the implants (Fig. 3) [16-18].

Spherical aberration

Spherical aberration is an optical effect that occurs due to an increased refraction of light that passes the periphery of an optical medium like the cornea or lens, in contrast to light that passes its center. The invention of aspheric intraocular lenses with negative asphericity allowed correction of the usually positive spherical aberration of the natural human cornea. If corneal asphericity is measured

Figure 3. Image of a bifocal toric intraocular lens

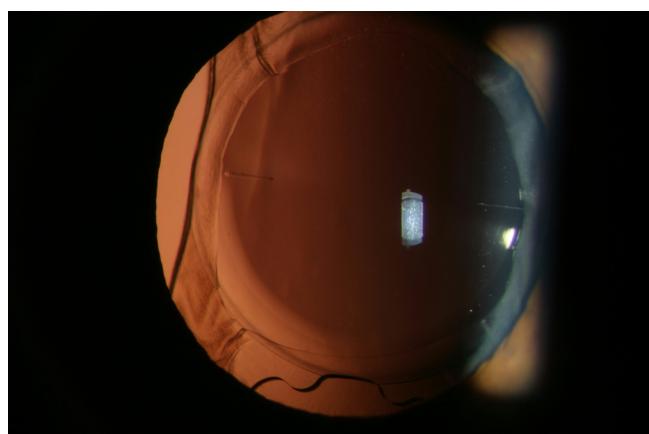


Image of a bifocal toric intraocular lens (Lentis MF 30, Oculentis) with markings on the intraocular lens optic indicating the axis of the torus that has to be aligned with the steep meridian of the astigmatic cornea intraoperatively.

preoperatively, customized correction of the corneal spherical aberration via a correspondent selection of aspheric intraocular lenses can improve postoperative visual quality, especially in younger patients with larger pupil diameters [1,19].

Postoperative modification of intraocular lens power

Modern preoperative optical biometry of the eye, together with refined modern formulas, allows very accurate calculation of the intraocular lens to be implanted. However, there is still the risk of a postoperative refractive error, especially in highly myopic or highly hyperopic eyes. In order to address this problem, the light adjustable lens has been developed. The light adjustable lens allows modification of the refraction up to 2.25 dpt in spherical shapes and -2.75 dpt in cylindrical shapes via UV-irradiation of intraocular lenses made of partially polymerized silicone within one to three weeks of surgery [20].

Presbyopia - pearls and pitfalls of today's clinical approaches

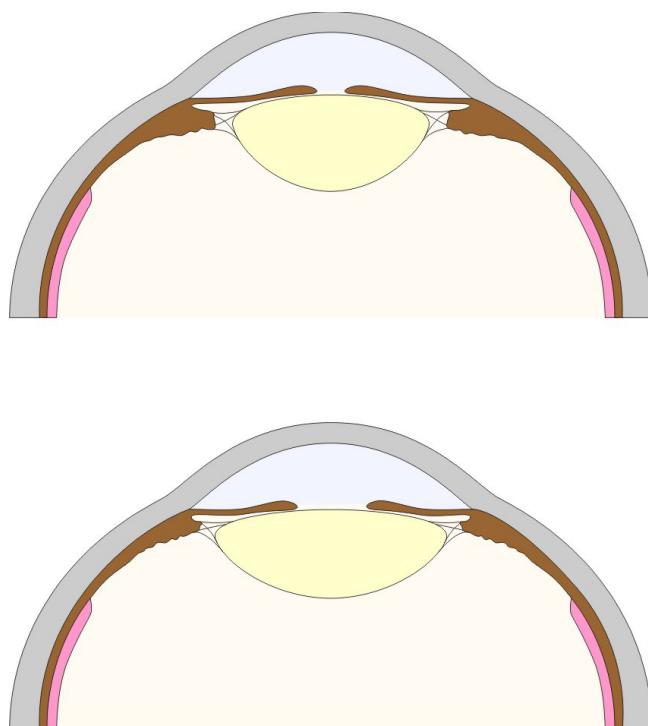
The most common method of correcting presbyopia (farsightedness) is reading glasses. The major challenge in cataract surgery today is the surgical treatment of presbyopia. Accommodation (focussing between distant and near objects) in the young human eye occurs by contraction of the ciliary muscle, which releases zonular tension and allows the capsular bag around the crystalline lens to mould the lens into an accommodated form. The crystalline lens thereby increases its refractive power by changing into a more spherical shape (Fig. 4) [21].

Presbyopia occurs because the ageing crystalline lens within the capsular bag gradually increases in stiffness [22-24]. Therefore, despite that the ciliary muscle still contracts in an effort to accommodate the presbyopic eye, the crystalline lens is not able to undergo accommodative changes in shape any more [25]. This loss of accommodation usually becomes clinically manifest in patients by their mid 40s. Further, removal of the crystalline lens for cataract surgery also necessarily results in a complete loss of accommodation. To address this problem, different approaches are currently implemented in the clinic.

Monovision

In monovision, one eye (usually the dominant eye) is corrected for distance (emmetropic) and the other eye for near with a monofocal intraocular lens, leaving the eye slightly nearsighted (myopic) between -1.00 and -2.00 dpt [26]. Disadvantages of this method are loss of distance visual acuity, depth perception and stereo vision.

Figure 4. Schematic illustration of the accommodated state of the crystalline lens



Schematic illustration of the accommodated state of the crystalline lens with “near” focus (above) and of the unaccommodated state with distant focus (below). During accommodation, the shape of the lens is more spherical, resulting in a higher refractive power.

Multifocal intraocular lenses

These intraocular lenses have a specially designed optic with either a refractive or diffractive (or both) bi- or trifocality, so that the rays of light are divided into two or more foci, providing some independence from reading glasses (Fig. 5). Disadvantages of these lenses are reduction in quality of vision, especially loss of contrast sensitivity, creation of glare and halos, and reduced intermediate visual acuity [27,28].

Accommodating intraocular lenses

These intraocular lenses are of many different conceptual designs, including flexible haptics, mouldable gels, and fluid displacements, with either single monofocal intraocular lenses, dual intraocular lenses or gel-filled lenses. In theory, these intraocular lenses restore accommodation by movement (“optic shift”) or a change in surface curvatures of the intraocular lenses within the capsular bag, theoretically resulting accommodative amplitudes of between 0.5 and 5 dpt. Single optic or dual optic intraocular lenses that are based on an anterior shift may have a maximum capacity to produce up to

Figure 5. Image of a bifocal intraocular lens

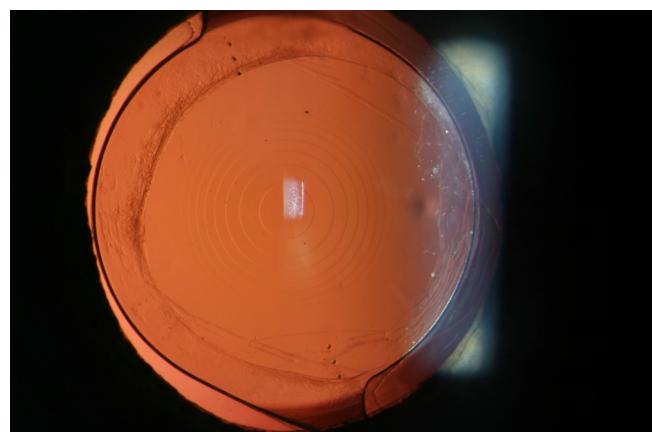
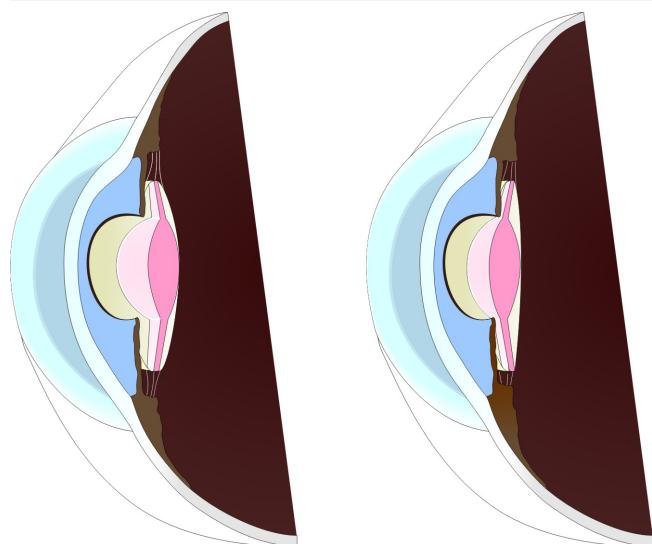


Image of a bifocal intraocular lens (AcrySof ReSTOR D1, Alcon). Within the optic, nine rings are incorporated that result in diffraction of the light into a distant and a near focus. This intraocular lens is also a toric model as one can see at the markings in the periphery of the optic.

Figure 6. Schematic image of an accommodating intraocular lens with a monofocal optic and specially designed haptics



Schematic image of an accommodating intraocular lens with a monofocal optic and specially designed haptics to allow movement within the capsular bag. By movement from the posterior position of the optic (left image) to anterior position (right image) the refractive power of the intraocular lens increases.

1 mm of movement, which theoretically could produce ~1 dpt of accommodation for single optic intraocular lenses or ~2.5 dpt of accommodation for dual optic intraocular lens (Fig. 6) [29-31].

In reality, to date, there is a lack of proof of efficacy of this approach under physiologic conditions because of postoperative progressing fibrosis of the capsular bag which inhibits intraocular lens movement [32,33].

Scientific approaches for the treatment of presbyopia

Given the lack of good options for the correction of presbyopia, presbyopia still represents a formidable clinical challenge and it is therefore seen as the "holy grail" in cataract and refractive surgery. In the quest for this grail, a lot of research on surgical techniques and intraocular lens technologies for presbyopia is currently in progress.

Femtosecond laser-assisted cataract surgery

Ultrashort-pulse femtosecond lasers have been developed to increase precision of, and to minimize collateral damage in, ocular surgery. Usage of a femtosecond laser on a human cornea was first described in 1994 [34]. Now, femtosecond lasers are increasingly implemented in cataract surgery, and reported benefits include higher precision of the anterior opening of the capsular bag and reduced ultrasound power needed during phacoemulsification because of the prior laser-induced fragmentation of the crystalline lens [35-37]. Femtosecond laser-generated capsulotomies have also been shown to display greater regularity and a more precisely controlled shape, size and centration of the capsulotomy, which may improve the functional outcomes of multifocal intraocular lenses or accommodating intraocular lenses [38,39]. However, this technique is not able to eliminate the mentioned specific drawbacks of multifocal intraocular lens or accommodating intraocular lens. In addition, as with any new technique, femtosecond-laser assisted cataract surgery involves a learning curve for the surgeon and is not free of complications [40].

Lens softening

Treating the crystalline lens in presbyopic eyes without inducing significant opacity of the lens by photodisruption with a high-power pulsed laser is a concept that was proposed in 1998 to reduce the stiffness of the crystalline lens [41,42]. Today, several teams are further investigating this approach using the femtosecond laser [43-45].

Lens refilling

Lens refilling of the capsular bag with gel-like polymers that mimic the crystalline lens in terms of refractive index, transparency and viscoelastic behaviour in order to substitute for the crystalline lens is an appealing technique for the correction of presbyopia (Fig. 7) [46-48]. It draws

on the well-founded theory of accommodation and aims to correct refractive errors and restore accommodation.

However, there are several problems regarding this concept. Maintaining integrity of the capsular bag is one critical point. To avoid optical distortions, opening of the capsule must be performed in the periphery of the lens capsule, and instead of a traditional 5 mm capsulotomy, lens refilling needs a small-diameter peripheral capsulotomy. Lens extraction has to be performed via this small opening. An additional practical challenge is the delivery of the polymer into the capsular bag without any leakage during or after implantation. Controlling refraction is also difficult and requires intraoperative measurement of ocular refraction to avoid unintentional under- or overfilling. Finally, the most important hurdle in the development of lens refilling is the need to completely avoid postoperative proliferation of lens epithelial cells leading to posterior capsule opacification, which inhibits changes in shape of the capsular bag. Laser-assisted opening of the posterior capsule is not possible in lens refilling because of the leakage of the polymer that would result after this procedure.

Pharmacologic inhibition of postoperative capsular opacification

As posterior capsule opacification is caused by proliferation and migration of residual lens epithelium cells after surgical removal of the lens, several pharmacologic agents have been under investigation, and others are in development, to attempt to address this problem. For lens refilling strategies, posterior capsule opacification and also anterior capsular opacification may be a problem.

One strategy is to lavage the capsular bag intraoperatively with cytotoxic agents or hyper/hypo-osmotic solutions, thereby destroying lens epithelium cells. Another option is to use an intraocular lens that functions as a postoperative-controlled drug release implant, e.g. by coating the intraocular lens with pharmacologic agents. In both intra- and postoperative applications of these substances, avoidance of leakage of the cytotoxic agents into the adjacent intraocular anatomical structures is mandatory, as this could have a devastating effect on other ocular tissues.

Summary

During the last 60 years, cataract surgery has undergone a rapid development from a traumatic, solely manual surgical procedure with implantation of an intraocular lens to a minimal invasive operation increasingly assisted by advanced technology and a wide range of different intraocular lenses customized for each patient's individual requirements. The last challenge in modern intraocular lens technology remains the correction of presbyopia.

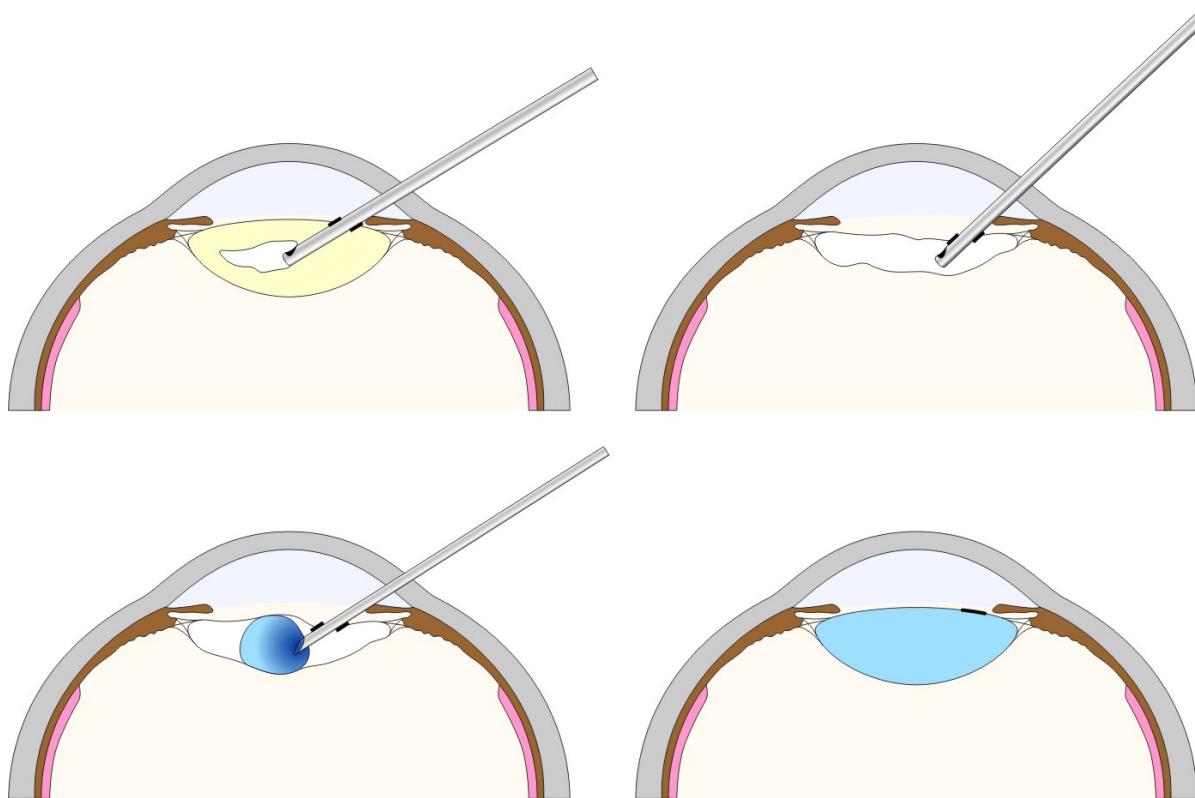
Figure 7. Illustration of the lens-refilling principle

Illustration of the “lens-refilling” principle. After removal of the crystalline lens, a gel-like polymer is injected into the capsular bag instead of a foldable intraocular lens.

As the demand for the correction of presbyopia increases this will hopefully lead to the resolution of presbyopia by providing the impetus for advancing intraocular lens technology.

Abbreviations

Dpt, diopters; PMMA, Polymethylmethacrylate

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Disclosures

The authors declare that they have no disclosures.

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